



ALLORAH'S INSIGHTS

February 15, 2009

When Darkness is on your path to wholeness.

I don't know about you, but the last few weeks have been like a series of emotional earthquakes. The moon is waning, and we're on the other side of our first pair of eclipses for 2009. So far the new year has brought in loads of upheaval and revelation to force us deep into the cave of the Hermit from which we can draw forth a divine concept of our self. From this awakening we must create a unified, independent, connected Self.

I find myself thinking about Anakin Skywalker's descent into the dark side of the Force. When one considers the chaos of our world, it is easy to understand how Anakin could fall under the spell of, the idea that, the darkness he so feared would provide antidotes for his suffering. In our world, we actually see people succumb to that idea all the time. It can even be argued that there is little evidence that goodness is rewarded; so, very often we are tempted to "cheat" in order to survive or get ahead. On those occasions when we cannot reconcile following "the rules" we may choose to take the shortcut route or perhaps succumb to fulfilling a desire (without regard for the consequences of that action), rationalizing that we can negotiate redemption later...should we get caught.

The irony is that life is just part of the process so the punishment and reward systems we tend to value so dearly are far less real than we think. Ultimately, we are our own and only judges. Our awareness of feeling connected (or lack thereof) dictates how we view our circumstances and thereby influences the choices we can consider and make. This is why, for example, one person can commit to a loveless marriage in exchange for "security", while another person "finds" them self alone "hoping for true love" while struggling for survival which ironically can complicate the search for love. Both parties are essentially searching for the same treasure and both parties are devastated in how far away they feel from the outcome they each truly desire. Damn! Furthermore, the supporting cast of others involved in this divine comedy (such as the other person in the marriage of convenience) are also sorting through their versions of the very personal dilemma of how to find fulfillment. Double Damn!

Fortunately, heaven and hell are but states of mind. Minds can be changed. As Mind changes, so does experience. Are you willing to die to your false self and to take the hero's journey back to your holy self? If so, be like the Fool of the tarot, take the leap of faith, delve deeply into the richness and wealth of you. You will be delighted and thereby enlightened by the journey. In contrast, you can take Anakin's route and express your darkest self until you experience oneness with all the parts of yourself. Either path can empower you to summon the courage or resolve needed to surrender to the dance between shadow and light within all that is. One path is just way more joyful.

As I understand it, Anakin's role was to bring balance to the Force, but he wasn't able to do it on his own. Actually, he didn't do it at all. What he did do, was inspire the ones he loved and those who loved him, into action for the greater good...the return to love. Love honors both darkness and light equally as her children. Anakin became Darth and lived the dark path until Luke freed him. Luke, Leia, Obi Wan and Yoda lived the light path and love strengthened them. Who do you imagine had the better time on the journey?

The key is to understand that we are never powerless even when we have been over-powered. We do not have to stay stuck at "victim" of circumstance. We can choose to heal and grow from our experience. We can return to the innocence of our inner sense. It's not about being brave or pushing through it, but rather a matter of being determined and persevering until we realize once again that we are connected.

Namaste,
Allorah